

Camp Coolamatong

COVID Safe Plan

Contents

Introduction	2
Coronavirus (COVID-19)	2
Social Distancing	3
Staff and interns	3
School Staff	4
Campers	4
Activities	5
Kitchen	6
Mealtimes	6
Sleeping Arrangements	7
Response Plan in Case of a Confirmed Case of COVID-19	7
Cleaning Measures	7
Post Camp	8

Introduction

At Camp Coolamatong, the health, safety and wellbeing of all staff, interns, campers, and teachers is of the utmost importance. This COVID Safe Plan has been prepared in response to the COVID-19 Pandemic, with guidance from the Victorian Government and recommendations from the Australian Camps Association. The purpose of this document is to communicate the responsibilities of Camp Coolamatong staff and interns, as well as the responsibilities of Camp Coolamatong user groups during this time. It also highlights the changes we have made to the day-to-day running of our camps to meet Victorian Government guidelines.

Coronavirus (COVID-19)

A coronavirus infection can cause mild to severe respiratory illness. The most common coronavirus (COVID-19) symptoms reported are:

- fever
- breathing difficulties and breathlessness
- cough
- sore throat
- fatigue or tiredness.

COVID-19 is most likely to spread from person-to-person through:

- Close contact with an infected person.
- Touching objects or surfaces (such as door handles or tables) contaminated by a person with the infection.

If you develop a fever, cough, sore throat, tiredness and shortness of breath, you should seek urgent medical care. Your doctor will liaise with public health authorities to manage your care. You must remain isolated in your home, or a healthcare setting until public health authorities inform you it is safe for you to return to your usual activities.

For more information about the transmission and symptoms of COVID-19, see https://www.health.gov.au/sites/default/files/documents/2020/04/coronavirus-COVID-19-frequently-asked-questions_10.pdf

Terminology

Coolamatong Staff – refers to all Camp Coolamatong staff, interns and volunteers

Social Distancing

The Victorian Government has released a guidance document for school camp providers which states that school camps are not bound by public gathering limits. It also states that *'maintaining a physical distance of 1.5 metres will not always be practical in education settings, including school camps. Physical distancing is most important between adults. Close proximity between adults on school camp sites should be avoided wherever possible'*.

Therefore, children will not be required to keep a physical distance of 1.5 metres, however adults (bus drivers, teachers, parent helpers, interns, staff and volunteers) must keep a 1.5 metre distance from children and other adults wherever possible.

Masks

Masks are mandated by the Victorian Government for persons 12 years and over. Valid time to not have masks on are when undertaking vigorous exercise, when eating or drinking or where a medical exemption has been authorised. These conditions will be followed at camp.

Coolamatong Staff

Coolamatong Staff are required to complete the 'Staff COVID-19 Health Questionnaire' at the commencement of each camp program.

Coolamatong Staff are to be temperature tested at the start of each day and temperatures are to be recorded. Anyone with a temperature of 37.5 degrees Celsius or higher must leave the site and be tested for COVID-19. They must quarantine until results come back.

Coolamatong Staff must keep a physical distance of 1.5 metres from children and other adults wherever possible.

Hand sanitiser will be made available at commonly used entrances to the Dining Hall. Coolamatong Staff will be required to use hand sanitiser when entering the Dining Hall, before and after mealtimes and whenever necessary.

Coolamatong Staff are responsible for displaying appropriate signage regarding social distancing, hand washing and hand sanitising at appropriate locations.

Coolamatong Staff are responsible for cleaning facilities in accordance with Victorian Government recommendations.

School Staff (Teachers, School Staff, Parent Helpers)

School staff (all adults) and all students need to be screened and temperature tested before getting on the bus to come to camp. Camp Coolamatong will provide a suitable form. If anyone has a temperature of 37.5 or higher, they are not to attend camp. If anyone presents with any symptoms of COVID-19, they are not to attend camp.

School staff are required to keep a physical distance of 1.5 metres from children and other adults wherever possible.

School staff are responsible for monitoring the health and wellbeing of children whilst at camp. If any children develop symptoms of COVID-19 whilst onsite, it is the responsibility of the school staff to instigate suitable quarantining of the child and possibly organising to have them picked up by parents.

School staff are responsible for ensuring children are wearing masks appropriately, hand washing, using hand sanitiser and maintaining good hygiene practices.

Hand sanitiser will be made available at commonly used entrances to the Dining Hall. School staff will be required to use hand sanitiser when entering the Dining Hall, before and after mealtimes and whenever necessary.

Campers

Campers are responsible for wearing masks appropriately, maintaining good hygiene practices (using hand sanitiser and hand washing whenever necessary).

Campers are responsible for notifying school staff if they develop any symptoms of COVID-19.

Campers are responsible for following instructions from all Coolamatong Staff, teachers, school staff and parent helpers in relation to COVID Safe Practices.

Campers are responsible for providing a fitted sheet to cover their mattress.

Activities

Please refer to 'Camp Coolamatong Activity Plans and Risk Assessments' for specific details on each activity.

(<https://www.campcoolamatong.com/school-camp-resources>)

Minor changes will be made to activities to encourage social distancing and minimise physical contact between campers, and campers and staff.

Archery

- bows and arrows will be sanitised at the end of each activity session

Boat trip

- adults will be asked to maintain a 1.5 metre distance from children and other adults whilst on board the CC Neill
- Fox Holes game will be adapted to a non-contact version to avoid physical contact
- Life jackets to be sanitised at the end of each boat trip (if required for the group)

Bush Cooking

- Equipment and surfaces will be sanitised at the end of each activity session

Canoeing

- Two adults should not be in one canoe together
- Paddles, helmets, and PFD's to be sanitised at the end of each activity session

Climbing and Abseiling

- Where possible, children are to help other children adjust helmets and harnesses
- Coolamatong Staff/Interns will still be required to perform a physical check of helmets and harnesses
- A maximum of 1 instructor and 2 children may be on the climbing wall platform at any one time
- Harnesses and helmets will be sanitised at the end of each activity session

Farming

- Flannelette shirts will not be made available for these sessions

Geocaching

- GPS's, folders, and equipment will be sanitised at the end of each activity session

Bikes

- Bikes and helmets will be sanitised at the end of each activity session
- Where possible, children are to help other children adjust helmets and bikes

- Coolamatong Staff/Interns will still be required to perform a physical check of helmets and bikes

Overnight Hike

- Adults will be provided with one tent each to allow for physical distancing
- Equipment will be sanitised at the end of each overnight hike
- More equipment will be made available to allow for less children in each tent

Raft Building

- PFD's and paddles will be sanitised at the end of each activity session

Stand Up Paddle Boarding

- Paddles will be sanitised at the end of each activity session

Survivor

- Where possible, non-contact methods of completing challenges will be encouraged
- High touch items will be disinfected between group. (darts, puzzle pieces, ammo box)

Buildings

Windows will be left open where possible to increase airflow.

Kitchen

Where possible, number of adults in the kitchen will be limited to allow for physical distancing.

Maximum number of staff in the kitchen is 6 people.

Good hygiene practices must be maintained, including hand washing and hand sanitising.

Children and school staff will not be permitted in the kitchen. Therefore, Coolamatong Staff will set tables for meals.

Mealtimes

Breakfast and dinner will be served in the dining hall. If weather permits, lunch will be served outside.

All people must use hand sanitiser when entering the dining hall.

Adults and students will not eat at the same tables.

Tables will be arranged so that adults can physically distance during mealtimes.

Where possible, students will be distanced on tables (if numbers allow).

Camp Coolamatong staff will serve meals. When serving meals, gloves will be worn.

Sleeping Arrangements

A record must be kept of sleeping arrangements. This list must be accurate and contain first and last names of campers and school staff and will assist with contact tracing in the event of a confirmed case of COVID-19. School staff are required to spread children across rooms to allow for social distancing (minimum two students per room). Where possible, adults are encouraged to have individual rooms to allow for social distancing.

Campers and school staff must provide a fitted sheet to cover the mattress which they are sleeping on.

Response Plan in Case of a Confirmed Case of COVID-19

In the event of a confirmed case of COVID-19 linking to Camp Coolamatong, Camp Coolamatong director Chris Kynoch will contact the Department of Health and Human Services on 1300 651 160 to discuss what to do next.

Camp Coolamatong keeps a list of sleeping arrangements of all campers, and a list of all staff, interns, campers and teachers who are onsite during a program to allow for contact tracing in the event of a confirmed case of COVID-19.

Camp Coolamatong will close in the event of a confirmed case of COVID-19. All facilities will be cleaned thoroughly, and the campsite will be quarantined for fourteen days.

Cleaning Measures

Communal areas will be cleaned and disinfected twice daily. Communal areas include all bathrooms, the kitchen, and the dining hall. Cleaners will use detergent for routine cleaning. When disinfecting (routinely, and at the end of each camp group), alcohol in a concentration of at least 70%, chlorine bleach in a concentration of 1000 parts per million, oxygen bleach, or wipes and sprays that contain quaternary ammonium compounds will be used. These chemicals will be labelled as 'disinfectant' on the packaging and must be diluted or used following the instructions on the packaging to be effective. Camp Coolamatong uses Proof for routine cleaning of surfaces and bleach for disinfecting, both supplied by Milestone.

Hand sanitiser provided must be at least 60% alcohol based. Camp Coolamatong uses Invisiglove hand sanitiser supplied by Milestone.

Bathrooms

Bathrooms will be cleaned during breakfast and after lunch. A 'bathroom clean' consists of wiping down all surfaces, cleaning all toilet bowls and seats, sweeping floors and refilling supplies such as soap, toilet paper etc.

Kitchen

The kitchen will be cleaned after breakfast and after dinner mealtimes. A 'kitchen clean' consists of wiping down all surfaces, cleaning all dishes, emptying bins (end of day), sweeping floors (end of day), mopping floors (end of day), and refilling supplies such as soap, hand towel etc.

Dining Hall

The dining hall will be cleaned after breakfast and after dinner mealtimes. A 'dining hall clean' consists of wiping down all surfaces, tables, and chairs, emptying bins (as required), vacuuming floors (daily), and refilling supplies such as hand sanitiser etc (as required).

Post Camp

If any camper or staff member exhibits any symptoms up to two weeks after returning from camp, Chris Kynoch, Camp Coolamatong Director must be advised so that contact tracing can be initiated if deemed necessary by health authorities.

Complete sanitising of all camp equipment and facilities on completion of camp, ready for next use.

Re-stock gloves, aprons, thermometers, sanitisers, tissues, wipes, hand towel etc.